

# Brookfield Banter Extra

Issue No 14

Wednesday 7 May 2008

## RUN CLUB ON AGAIN !



What a great start to run club. The first week included run club on both the Wednesday and Thursday. Well done Kate M, Lachlan, and Emma from Grade 3, Jessie-Claire, Ben M, Zac W and Jacob Brooke from Grade 5, as well as Madeline, Montana and Riley who made it to the first day. Great running ! Thursday we had more runners again. We'll look forward to having you all back again this week. Remember, run club is a great way to start the day. It's a chance to come down and be together with friends, do some stretches ( Don't we ALL need these !!!) and have a 5 minute run. Yes, that's all it is - just 5 minutes ! It's all worthwhile though, because it's a good way to get the body going for the day, get rid of all the twitches and itches before class starts, and enjoy being outside and moving on these lovely May mornings. Adults, you're welcome to come along and have a walk or run too, and what great role models you would be for the kids. And the further you go, the more you tally for the Run Club awards. Wow! C'mon mums and dads, encourage your children to come down Tuesdays, Wednesday and / or Thursdays. It's good for them ! Let's see if we can make it bigger and better than ever before. We meet at 8 am under the covered area near the tuckshop. 5 minute run! Let's get into it !!!  
Looking forward to seeing you then.

**From everyone at the Run Club - It's great in 08 !**

## MS READATHON

As one of over 10,000 people in Australia with the mystery disease, Multiple Sclerosis, my current focus is on the success of the annual MS Readathon. Now in its 29th year, the 2008 MS Readathon will run during the month of June. Funds raised by students reading as many books as possible in the month, assist people with MS in coping with the day to day challenges of the condition. MS affects more women than men, in a ratio of about 2:1 and is usually first seen between the ages of 20-50. It affects the central nervous system in many and different ways and no two people will have the same set of symptoms. The cause of MS are still the subject of much research and to date there is no cure and little treatment available. My hope is that you will encourage your children to participate in the readathon and help raise the much needed funds. Details about the 2008 MS Readathon and how to register are available at [www.msreadathon.org.au](http://www.msreadathon.org.au). Thankyou

**Louise Remmerswaal**



## Tuckshop Roster

**Monday 12/5** - Robyn Arthur, Julia Whayman, Dee Morrison, Cathryn St Baker, Fiona Edgecombe, Jull Valmadre

**Wednesday 14/5** - Leanne Cheney, Jodie Brennan, Naomi Johnson, Yuki Chan

**Thursday 15/5** - Tania Bonner, Carolyn Parsons, Liz Maxwell, Lynne Gout

## Home Baking Roster

**Monday 12/5** - Robyn Arthur, Cathryn St Baker

**Wednesday 14/5** - Rosie Turnbull, Andrea Stuart, Lisa Frazer

**Thursday 15/5** - Robyn Alesi, Julie Baglot, Liz Maxwell

## Donation Roster

**Monday 12/5** - Robyn Arthur, Dee Morrison, Jay Weyer

**Wednesday 14/5** - Jodie Drew, Andrea Stuart

**Thursday 15/5** - Robyn Alesi, Julie Baglot

